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should expect with nutrition facts for every recipe in the book, comes with the well-structured recipe index and 30-day meal plan for weight loss including shopping list. It includes the complete overview explaining the fundamentals of ketogenic diet and also includes dairy-free, gluten-free and vegan recipes. **WE ARE REAL PEOPLE** who use our own recipes for our families. We expect the best for our families and want the same for yours. The way to the hearts of your man and family is through good food on the table. Meal times can be such wonderful of times when you have the most fantastic of food on the table. We hope this cookbook will be a great help for yourself and your family. We cut no corner in our books and will cut no corners in our support of you. We know you're a big deal and we'll only provide you with the finest product and service around or your MONEY BACK! In The Super Easy Keto Diet Cookbook Rachel has handpicked her most-requested recipes that will surely become mainstays in your home, too. This keto cookbook offers: **575 Keto Diet Recipes using affordable and natural ingredients. 30-Day Meal Plan to lose weight and wellness with keto diet shopping list. Flexibility — Spend a little extra prep time to achieve the deepest flavor, or skip the prep to get cooking right away.** "I just received my copy of Rachel's book!!!! I own several Keto books, this one is my favorite so far. It is so easy to understand, and to the point. I ordered another copy for a friend!!! Thank you Rachel for such an easy and well written book." —Michelle White, Writer and Editor **Would You Like to Know More? Scroll to the top right and Add this amazing Keto Diet Cookbook to your Cart and Get your copy NOW! Buy the Paperback version of this book and get the Kindle eBook version included for FREE plus an extra PDF file of 500 Power Pressure Cooker XL Recipes.**

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