

How To Be An Epicurean The Ancient Art Of Living Well By Catherine Wilson

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"Pressestimmen [Wilson] guides readers through what can seem a very contemporary philosophy valuing rational thought, physical evidence, non-self-interested justice, and human free will.... This is a valuable introduction to a very influential philosophy." **Booklist** An excellent debut... General readers interested in how the ancient Greeks viewed the good life will take great pleasure in Wilson's entertaining guide to Epicureanism for modern times." **Publishers Weekly** A universe made only of atoms and empty space? No life after death? Carefree gods indifferent to mortals? Freedom from anxiety the highest good? These were basic themes in ancient Epicureanism, and Catherine Wilson shows eloquently how this ancient and most humane philosophy, when creatively interpreted and applied, can help us to live well in the world today. Even if this book does not make an Epicurean of you, it will teach you to appreciate and admire Epicurus's wisdom and his relevance for our times." **David Konstan, professor of classics, New York University** So glad to see our Epicurean cousins back in the game! This is a new golden age of practical philosophy!" **Massimo Pigliucci, author of How to Be a Stoic** Catherine Wilson's book achieves something rare intellectually, the steep task its author explicitly sets for herself: it carves out an accessible explication of an idea, Epicureanism, to give readers more genuine, immediate agency over their lives. But this isn't a book for Epicureans, or only for Epicureans. It's a book for anyone who wants to use careful thought to make better considered, happier choices." **Matthew Wolfson, journalist** 'intelligent and readable' **The Economist** Über den Autor und weitere Mitwirkende **Catherine Wilson** received her PhD in philosophy from Princeton University and has taught at universities in the US, Canada, and Europe. She has published more than 100 research papers and eight books, including A Very Short Introduction to Epicureanism and Metaethics from a First-Person Standpoint. She has two children and lives in New York City, where she is currently visiting presidential professor of philosophy at the Graduate Center at CUNY."

being an epicurean a philosophical guide for modern life

June 5th, 2020 - epicureanism the school of thought that originated from the ancient philosopher epicurus has long been equated with self indulgence thanks to its ideas about pleasure epicurus believed that pleasure was good and pain was bad but over time that central claim became increasingly co opted so that epicurean eventually signified a

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a new book explores epicurean philosophy in a precarious age

June 5th, 2020 - leading life in a modern garden is the subject of catherine wilson s latest book how to be an epicurean the ancient art of living well there was always an air of peter pan like anarchy at the playboy mansion but as wilson shows us life in the garden was quite different

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epicureanism

June 8th, 2020 - epicureanism is a system of philosophy founded around 307 bc based upon the teachings of the ancient greek philosopher epicurus epicureanism was originally a challenge to platonism later its main opponent became stoicism some writings by epicurus have survived some scholars consider the epic poem de rerum natura latin for on the nature of things by lucretius to present in one unified work

how to be an epicurean kirkus reviews

May 1st, 2020 - how an ancient art of living well is no less applicable and broadly beneficial today wilson epicureanism a very short introduction 2016 etc british born visiting professor of philosophy at the cuny graduate center explores the ideas of greek philosopher epicurus whose writings have e to us largely through the verse of his roman follower lucretius

the stoic and the epicurean philosophies

June 6th, 2020 - the epicurean s foundation of belief rests within three categories of desires including the natural and necessary the natural but not necessary and the unnatural desires those who follow an epicurean worldview eliminate all non natural desires such as ambition to attain political power or fame because both of these desires foster anxiety

the meaning of hedonism is different now than in ancient

May 28th, 2020 - in how to be an epicurean the ancient art of living well cuny graduate center philosophy professor catherine wilson shows how pleasure is fundamental to living a good life epicurus believed

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episode twenty one the universe has no center the

June 7th, 2020 - wele to episode twenty one of lucretius today i am your host cassius and together with my panelists from the epicureanfriends forum we ll walk you through the six books of lucretius poem and discuss how epicurean philosophy can apply to

how to be an epicurean catherine wilson 9781541672635

May 19th, 2020 - in how to be an epicurean philosopher catherine wilson shows that epicureanism isn t an excuse for having a good time it s a means to live a good life although modern conveniences and scientific progress have significantly improved our quality of life many of the problems faced by ancient greeks love money family politics remain

how to be an epicurean aeon

June 6th, 2020 - epicurean philosophy described a material constantly evolving world without a just and benevolent deity and a long human history of domination and deception this seemed harsh to his many critics and epicureanism became associated with crude materialism reductionism and with a finicky self indulgent form of hedonism

epicureanism definition history examples amp facts

June 7th, 2020 - epicureanism in a strict sense the philosophy taught by epicurus 341 270 bce in a broad sense it is a system of ethics embracing every conception or form of life that can be traced to the principles of his philosophy in popular parlance epicureanism means devotion to pleasure fort and high living

the forum in search of the good life epicurus and his

May 18th, 2020 - the popular view of an epicurean is that of somebody who focuses on pleasure as our guiding principle indulging in the finer things of life to achieve happiness and yet what the ancient greek philosopher epicurus understood by pleasure was far more nuanced in fact epicurus and his followers ad

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how to live well as an epicurean graduate center cuny

May 6th, 2020 - the epicureans of ancient greece she says in her new book how to be an epicurean the ancient art of living well sought to uncover the real sources of joy and misery in our finite lives and to balance the ethical treatment of others with our own self interest her book offers a roadmap for applying epicureanism to contemporary life

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May 24th, 2020 - general readers interested in how the ancient greeks viewed the good life will take great pleasure in wilson s entertaining guide to epicureanism for modern times sept details

who were the epicureans what did the epicureans believe

June 4th, 2020 - epicurean philosophy four part cure don t fear god don t worry about death what is good is easy to get and what is terrible is easy to endure philodemus epicurus physics was intertwined with his philosophy everything is matter so whatever soul people may have disappears when the body dies there is no afterlife

how to be an epicurean instead of being a stoic nonzero

June 5th, 2020 - well one of stoicism s rival schools of philosophy in ancient greece was epicureanism and one of massimo s colleagues catherine wilson has written a book called how to be an epicurean the ancient art of living well i interviewed catherine on the wright show a few weeks ago and below is part of our conversation i went into her book knowing little about its subject and i came away from it feeling a real affinity with epicureanism not just for its very reasonable approach to

the epicurean cure for what ails ya with philosopher

June 6th, 2020 - the epicurean cure for what ails ya with philosopher catherine wilson from atomic theory to evolution to utilitarian pragmatism the ancient greek philosopher epicurus was way ahead of his time

tending the epicurean garden cresso hiram 9780931779534

June 8th, 2020 - tending the epicurean garden is a brave and intelligent attempt to imagine the renewal of epicurean ideas in our own lives and as a relevant part of modern civilization i am delighted and inspired to find like minded friends such as hiram cresso sharing their vision and encourage anyone interested in a natural pursuit of happiness to read this

epicurus today by kyle harper articles first things

June 2nd, 2020 - if he had given his message a brief title he might have chosen how to be an epicurean that is the title of philosopher catherine wilson s new book on the ancient art of living well the book belongs to a mini genre that is having a moment presumably as publishers recognize the merical potential of

upper middlebrow books that package smart and readable takes on ancient philosophy with a dash of self help

michael shermer with catherine wilson how to be an epicurean the ancient art of living well 96

March 22nd, 2020 - by applying this ancient wisdom to a range of modern problems from self care routines and romantic entanglements to issues of public policy and social justice wilson shows us how we can all fill

skeptic science salon science salon archives

June 6th, 2020 - in science salon 96 michael shermer speaks with catherine wilson about the ancient wisdom of epicureanism a philosophy of living well that promoted reason respect for the natural world and reverence for our fellow humans

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May 20th, 2020 - the web s source of information for ancient history definitions articles timelines maps books and illustrations

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epicureanism the ancient philosophy that won t go away

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how to live like an epicurean the example of titus

June 2nd, 2020 - the question frequently arises how should one live today as an epicurean under the theory that there is really nothing new under the sun among the best ways of answering that question is to look to see how those who claimed to be epicureans lived in the ancient world

how to be an epicurean robert wright amp catherine wilson the wright show

March 27th, 2020 - catherine s new book how to be an epicurean 0 28 how epicureanism is like and unlike utilitarianism 7 20 how the ancient epicureans

viewed nature and reality 17 16 paring epicureanism with

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